

SUPPORT SERVICES FOR YOUTH

At times youth find themselves or a friend in a crisis situation outside of school hours.

Here are some phone numbers of local support services that are available to youth after school hours.

24 Hours	Kids Help-Phone	310-1234
8:30-4:30pm	Child Youth Mental Health	250-371-3648 (Kamloops) 250-674-6810 (Clearwater) ***Ask for Urgent Response Worker**
After Hours	After Hours Team Mental Health and Addiction Services	250-377-0088
24 Hours	Royal Inland Hospital	250-374-5111
24 Hours	Regional Crisis Line	1-888-353-2273